Finding Dental Care During COVID-19

Dental services are limited during this time.
If you need help finding a dental provider, SJ TEETH can help!

WHAT IS A DENTAL EMERGENCY?

- **Bleeding that doesn't stop**
- **Pain or swelling in or around your mouth**
- **Broken or knocked out tooth**

WHAT SHOULD YOU DO?

1. **Call your dentist's office first.**
2. **Provide as much detail as possible about your condition.**
3. **Follow your dentist's instruction.**

DENTAL RESOURCES

Medi-Cal Dental   800-322-6384
www.SmileCalifornia.org   TTY: 800-735-2922

LOW-COST AND FREE DENTAL CLINICS

Dental service fees based on income. Medi-Cal Dental accepted.

Community Medical Centers	www.communitymedicalcenters.org/	209-636-5555
Golden Valley Health Centers	www.gvhc.org/locations/manteca/	209-492-2622
Western Dental	www.westerndental.com/en-us	866-887-7591
San Rafael's Dental Clinic*	www.stmarysdiningroom.org	209-467-0774

*Dental services for <u>uninsured</u> children and adults. Appointments offered on a weekly basis.

Practice good dental hygiene to keep your teeth healthy!

- Brush your teeth twice a day and floss at least once daily
- Wash your hands with soap and water before brushing your teeth
- Eat a well-balanced diet. Avoiding sugary and sticky foods and drinks
- Do not share a toothbrush with anyone and store toothbrushes so that they do not touch

**For more information, visit
www.SJTEETH.org**

San Joaquin
TEETH
Treatment + Education for Everyone on Teeth + Health